

#### **ALL INDIA INSTITUTE OF AYURVEDA**

(An Autonomous Organization under Ministry of Ayush, Government of India)
Gautampuri, Sarita Vihar, Mathura Road, New Delhi-110076



## **SUVARNA TEJAS**

Swarnaprashan Campaign

Distributed by:

Venue:







# SUVARNA TEJAS Swarnaprashan Campaign



#### **DEPARTMENT OF KAUMARABHRITYA**

#### **ALL INDIA INSTITUTE OF AYURVEDA**

(An Autonomous Organization under Ministry of Ayush, Government of India)

Gautampuri, Sarita Vihar, Mathura Road, New Delhi-110076

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#### **SUVARNA TEJAS**



Department of Kaumarbhritya All India Institute of Ayurveda, New Delhi.

## **GENERAL GUIDELINES**

The Project **Suvarna Tejas** by AIIA New Delhi aims to spread the benefits of the age-old Ayurvedic intervention "**Swarnaprashan**" all over the country. For maximization of benefits and ensuring standards, the institutes participating in the same are informed to follow these guidelines:

- The project aims to cover children of both genders from age of **6 months to five years**.
- The Swarnaprashan shall be administered once daily, on an empty stomach in the morning, continuously for 100 days.
- The age-wise dosing shall be ensured as per the chart attached.
- The Project shall provide the Swarnaprashan required for 100 children per institute (a maximum of 400 bottles).
- SP shall be provided subject to the receipt of the required documents (list attached) duly signed by the Head of the institute.
- The logistics related to the medicines shall be borne by
- The participating institutes are required to fill in the parameters in the proforma that shall be disseminated through Google Forms.

### **INGREDIENTS AND DOSAGE**

- Quantity per pack: 10 ml
- Each 10 ml of Swarnaprashan contains:
- Swarna Bhasma: 77 mg
- Ghrita (clarified butter): 1 part
- Madhu (Honey): 4 parts
- Excipients and Preservatives
- Dose for each age group:

Age Group	Dose (drops/day)
6 months – 1 year	2 drops
1 year – 2 years	4 drops
2 years – 3 years	6 drops
3 years – 4 years	8 drops
4 years – 5 years	10 drops



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### Documents to be attached:

The Swarnaprashan is distributed free of cost and hence the following documents may please be provided for the supply of the same:

- An undertaking on institutional letterhead stating that the Swarnaprashan supplied will not be used for any commercial purpose (No commercial utilization Undertaking)
- A self-declaration about 'Non-Blacklisted organization' on official letter pad with signature of authorized signatory
- An undertaking on letter head stating that the receiving institute shall 'abide to share all collected data/information with All India Institute of Ayurveda through the given Google Form'.
- An undertaking on letterhead on 'confidentiality and non-disclosure statement'
- NGO/Society registration certificate in case of nongovernmental organizations.
- Name and Mobile No. of Nodal Officer for correspondence regarding the Suvarna Tejas Project.



#### **SUVARNA TEJAS**



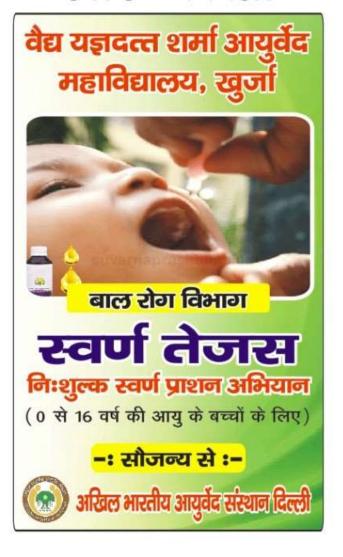
Department of Kaumarbhritya All India Institute of Ayurveda, New Delhi.

#### **Document Checklist**

Institute Name:	
Address:	
■ State:	
Please tick the documents attached:	
No Commercial Utilization Undertaking: _	
Non-Blacklisted Organization Declaration: _	_
Data sharing consent:	
Confidentiality and Non-Disclosure:	
NGO/Society Registration (if applicable): _	
■ Nodal Officer:	
■ Designation:	
■ Mobile No.:	
■ E-mail ID for	
correspondence:	

Head of the Institution
Sign and Seal

 $5 \times 3 = 1 \text{ Flex}$ 



 $4 \times 3 = 1 \text{ Flex}$ 



 $4 \times 3 = 1 \text{ Flex}$ 



