

**Vaidya Yagya Dutt Sharma Ayurved Mahavidyalaya,
Khurja, Bulandshahar, UP**

11th Ayurveda Day 2026, Report

Vaidya Yagya Dutt Sharma Ayurved Mahavidyalaya, Khurja, Bulandshahar, celebrated the 11th Ayurveda Day 2026 under the guidance of Prof. (Dr.) Ashok Kumar Dwivedi, Principal, VYDSAM and Prof. (Dr.) Bipin Bihari Keshari, Nodal Officer, VYDSAM with a series of academic, awareness, community-oriented and extracurricular activities based on the theme “Ayurveda for a Healthier Tomorrow”. The programme was organized with the objective of promoting awareness regarding Ayurveda, healthy living, preventive healthcare, community wellbeing and the relevance of Ayurvedic principles in contemporary life.

A series of activities were organized from 11th September to 23rd September 2026, with active participation of faculty members, postgraduate scholars and students.

Date/Day	Event	Coordinator(s) / Dept.	No. of Participate
11/09/26, 12/09/26 Friday	- School Awareness Program - Women's Health & Wellness Awareness Program - Community Cleanliness Awareness Program	PTSR Dept.	200

The Ayurveda Day celebrations commenced with awareness programmes conducted on 11th and 12th September. These included School Awareness Programmes, Women's Health & Wellness Awareness Programmes and Community Cleanliness Awareness Programmes. The activities focused on creating awareness about healthy living, women's health and wellness, cleanliness and the preventive aspects of Ayurveda.





17/09/26
Thursday

Plantation Drive

Dr. K. Chandrashekhar, Dr.
Amandeep kaur, Dr. Yogita

120

A Plantation Drive was organized as part of the Ayurveda Day celebrations. The programme emphasized the importance of environmental conservation and the relationship between a healthy environment and healthy living. Faculty members and students participated enthusiastically in the activity.



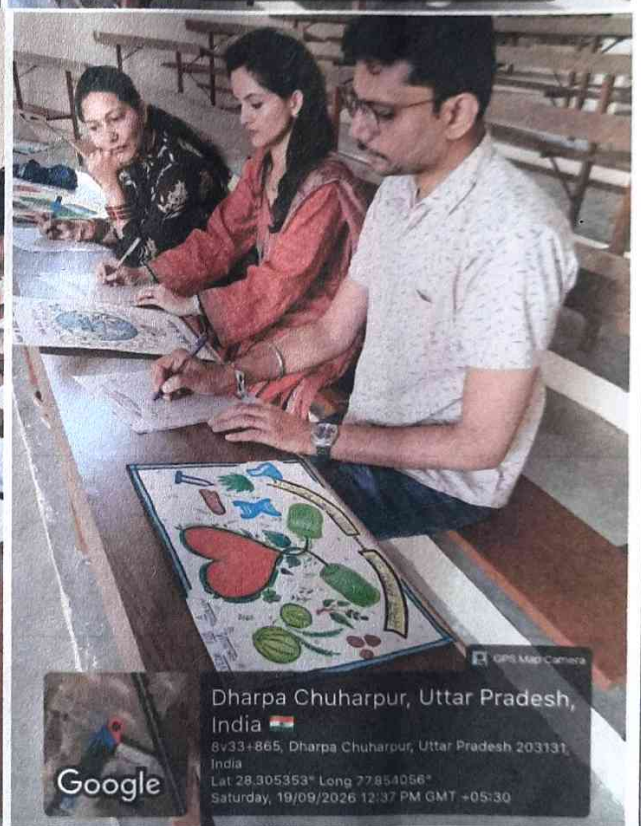
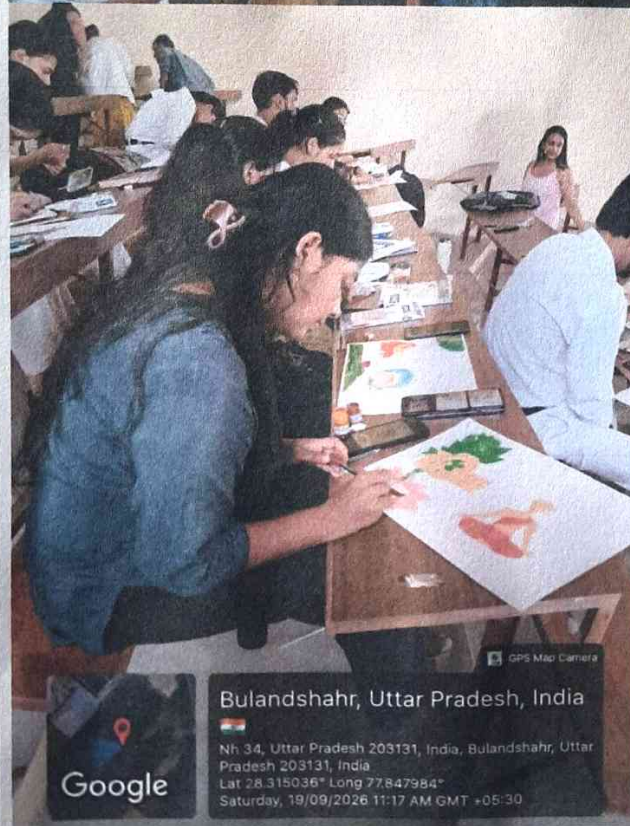
18/09/26 Friday	Quiz Competition	Dr. Bhappil, Dr. Varun Gupta, Dr. Mukesh Yadav, Dr. Sadhana, Dr. Shivkumar	05 Team (15 participates)
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A Quiz Competition was organized to encourage students to enhance their knowledge of Ayurveda and related subjects. The competition provided an interactive academic platform and encouraged healthy participation and learning among the students.



19/09/26 Sayurday	Poster, Slogan & Sketch Competition	Dr. Tanuja, Dr. Unnikrishanan	23 participates
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A Poster, Slogan & Sketch Competition was conducted to provide students with an opportunity to express their understanding and creativity regarding Ayurveda and its role in promoting health and wellbeing. The activity successfully combined creativity with the message of Ayurveda.



20/09/26 Sunday	Ayurveda Awareness Rally	Dr. Kalyani Umate, Dr. Nishant Aggarwal, Dr Arjun Anil, Dr. Saumya	150
An Ayurveda Awareness Rally was organized to spread awareness about Ayurveda among the public. The rally aimed to communicate the importance of Ayurveda, preventive healthcare and healthy lifestyle practices and to strengthen community awareness regarding the traditional system of medicine.			



21/09/26 Monday	Food Festival	Dr. Vandana Gupta, Dr. Sadhana, Dr. Saumya	22 Team (79 participates)
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A Food Festival was organized to highlight the importance of healthy food choices and the relationship between diet and health. Students participated actively and presented a variety of food items, making the event both educational and engaging.





22/09/26
Tuesday

Prakriti Parikshana Camp
(CCRAS Project)

Dr. Bipin B. Keshari, Dr Varun
Gupta and PG Scholars

100

A Prakriti Parikshana Camp was organized under the CCRAS Project. The activity focused on Prakriti assessment and provided an opportunity for participants to understand the Ayurvedic concept of individual constitution.



22/09/26
Tuesday

Bites from Dignities

Dr. Bipin B. Keshari and UG
Scholars

04

On 22 September 2026, UG scholars with nodal officer visited to renewed dignitaries of Khurja City and visited Director of VYDSAM and Bites were taken from them on topic Ayurveda for Healthier Tomorrow.



22/09/26
Tuesday

Essay Competition

Dr. Kalyani Umate, Dr. Dimple,
Dr. Arjun Anil

10
participants

An Essay Competition was conducted to encourage students to explore and articulate their understanding of Ayurveda, its principles and its relevance to contemporary healthcare. The competition promoted academic interest, critical thinking and effective expression among the participants.



23/09/26
Wednesday

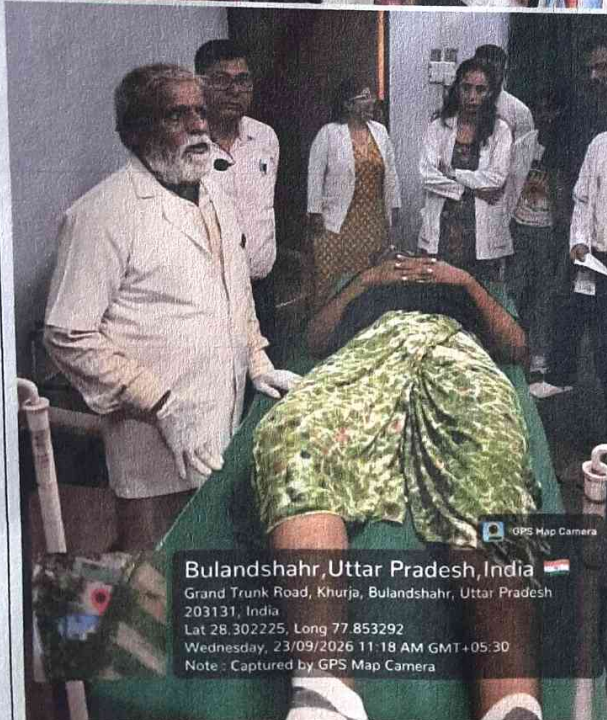
- Workshop
- Medical Camp

Dr. Hitesh Kaushik, Dr. Yashsmitta,
Dr. Nitin

250

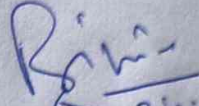
- Patient Awareness Program

The concluding activities included a Workshop on Agnikarma, Medical Camp and Patient Awareness Programme. These activities provided an opportunity to extend the benefits and knowledge of Ayurveda to the community and patients. Speaker for this workshop was "Dr. Shri Ram Sir" & Guest of honour for this workshop was Director of VYDSAM "Vaidya Gopal Dutt Sharma Sir".



The celebration of the 11th Ayurveda Day 2026 at Vaidya Yagya Dutt Sharma Ayurved Mahavidyalaya, Khurja, was organized through a comprehensive series of academic, awareness, environmental, community and student-centred activities. The theme "Ayurveda for a Healthier Tomorrow" was reflected through programmes focusing on health awareness, Prakriti Parikshana, healthy food, cleanliness, environmental responsibility, Ayurveda education and community healthcare.

The active involvement of faculty members, postgraduate scholars and students contributed to the successful organization of the various activities. The celebrations provided a meaningful platform to promote the principles of Ayurveda and strengthen awareness of its role in achieving a healthier society.


(Dr. Bipin Bihari Keshari)
Nodal Officer

Ayurved Day 2026
विशालगढ़

संहिता सिद्धान्त विभाग
वैद्य यज्ञ दत्त शर्मा आयुर्वेद महाविद्यालय
खुर्जा (बुलन्दशहर) --


30.05.26

PRINCIPAL
Prof. (Dr.) Ashok Kumar Dwivedi
VYDS Ayurved Mahavidyalaya
Khurja

Vaidya Yagya Dutt Sharma Ayurved Mahavidyalaya,

Khurja, Bulandshahar, UP

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