

REPORT ON SPECIAL SWARNAPRASAN CAMP

On the Occasion of 11th Ayurveda Day – 2026

Theme: "Ayurveda for a Healthier Tomorrow"

Hindi Theme: "स्वस्थ भविष्य के लिए आयुर्वेद"

1. Introduction

On the occasion of the 11th Ayurveda Day, Vaidya Yagya Dutt Sharma Ayurveda Mahavidyalaya, Khurja, District Bulandshahr (U.P.) organized a Special Swarnaprasan Camp through its Department of Balroga on 23 September 2026.

The programme was organized with the objective of creating awareness among parents and the community about the Ayurvedic practice of Swarnaprasan and its traditional role in promoting the health and well-being of children.

2. Programme Details

Particular	Details
Programme	Special Swarnaprasan Camp
Occasion	11th Ayurveda Day
Date	23 September 2026
Theme	Ayurveda for a Healthier Tomorrow
Hindi Theme	स्वस्थ भविष्य के लिए आयुर्वेद
Organized by	Department of Balroga
Institution	Vaidya Yagya Dutt Sharma Ayurveda Mahavidyalaya
Location	Khurja, District Bulandshahr, Uttar Pradesh

3. Objectives of the Camp

The major objectives of the Swarnaprasan Camp were:

- To promote awareness regarding Swarnaprasan as a traditional Ayurvedic practice for children.
- To provide parents with information regarding the Ayurvedic approach to child health and wellness.
- To encourage awareness of preventive and promotive healthcare practices in children.
- To highlight the role of the Department of Balroga in providing Ayurvedic guidance for pediatric healthcare.
- To celebrate the 11th Ayurveda Day in accordance with the theme "स्वस्थ भविष्य के लिए आयुर्वेद."

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4. Swarnaprasan Awareness

During the programme, participants were educated about Swarnaprasan and its traditional Ayurvedic significance. The programme material described Swarnaprasan as an Ayurvedic practice involving the administration of a suitable preparation containing purified and medicated gold (*Swarnabhasma*) to children.

Parents were provided with appropriate information and Ayurvedic guidance regarding child health and the traditional concept of Swarnaprasan.

5. Role of the Department of Balroga

The **Department of Balroga** coordinated the special camp and facilitated interaction with parents and children. The programme provided an opportunity to spread awareness about Ayurvedic pediatric healthcare and the importance of appropriate health practices during childhood.

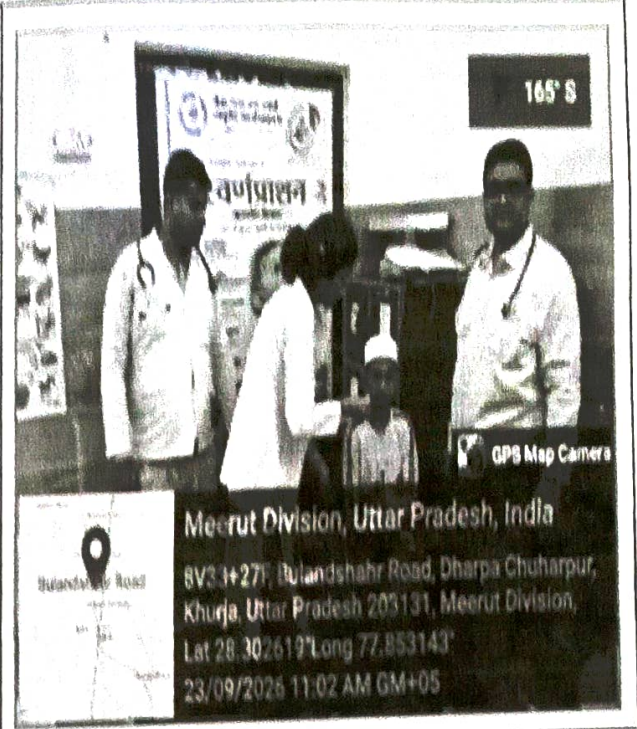
6. Programme Outcome

The Special Swarnaprasan Camp contributed to creating awareness about traditional Ayurvedic approaches to child health and provided a platform for (Swarnprashan) 67 parents to receive information and guidance from the Department of Balroga.

The programme also supported the broader objective of **Ayurveda Day 2026** by promoting awareness of Ayurveda and its relevance to healthy living.

7. Event's Photos





8. Conclusion

The Special Swarnaprashan Camp, organized by the Department of Balroga, Vaidya Yagya Dutt Sharma Ayurveda Mahavidyalaya, Khurja, on 23 September 2026, was an important initiative undertaken as part of the 11th Ayurveda Day celebrations.

The programme reflected the theme "Ayurveda for a Healthier Tomorrow – स्वस्थ भविष्य के लिए आयुर्वेद" and emphasized awareness of traditional Ayurvedic approaches to pediatric health and well-being.

Submitted by:

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एवं सम्बद्ध प० प्यारे लाल रमावत्त वैद्य चिकित्सालय

[Signature] 20-09-26
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